

DATE OF TREATMENT:

POST-TREATMENT: WHAT TO EXPECT



Immediately Post Treatment - 24hrs

Inflammatory Phase:
Redness, slight erythema



Day 1 - 4

Cellular Phase:
Area darkens following target tissue damage



Day 5 - 14

Re-epithelialization Phase:
Dark area can exfoliate or slough



Usually 14-28 days

Remodeling Phase:
Pink healthy skin replaces dark area

POST-TREATMENT SUGGESTED GUIDELINES

DAY 1 THROUGH DAY 14 – 21

PRODUCT RECOMMENDATIONS

- | | | |
|---|--|----------|
| 1 | Use gentle cleanser and cool water | PM |
| 2 | Apply hyaluronic acid moisturizer | AM
PM |
| 3 | Apply multi-level antioxidant serum | AM
PM |
| 4 | Apply lipid-rich moisturizer
<i>NO retinol, glycolic or astringent ingredients!</i> | AM
PM |
| 5 | Apply mineral sunscreen SPF30+ | AM |

AFTER 28 DAYS OR WHEN LITTLE TO NO PINK REMAINS, IT IS SAFE TO RETURN BACK TO YOUR REGULAR SKINCARE REGIMEN.

CLIENT AFTERCARE IMPORTANT REMINDERS

Apply soothing moisturizer 2x per day	Apply mineral SPF30+ sunscreen 2x per day	Swimming is permitted	Avoid hot bathing/saunas for first 2 weeks	Avoid exposure to direct sunlight for first 2 weeks	Avoid picking or scratching treated area

ESTHETICIAN SIGNATURE

CLIENT SIGNATURE